

*TASK: Write an ARTICLE for a youth magazine about eating disorders, their causes, their dangers and ways to get over them.*

interesting introduction (“catcher”)	We all know the story of <i>Soupy-Kaspar</i> , the boy who didn’t want to eat his supper and became thinner and thinner until his body was so weak that he finally died. (31)
explanation of the topic, reasons why you write this article + overview	If you transfer this story to real life, you will realize that many people, especially children and teenagers, are susceptible to eating disorders. <i>Maybe, you even know somebody who has to cope with such problems personally. In this article, we will discuss different eating disorders, their causes, their dangers and ways to get over them.</i> (55/ 23)
first argument (cause 1)	There are many reasons why eating disorders occur. Often, well-built or chubby pupils are mobbed by their classmates. Consequently, <i>if they have a low level of self-confidence, they might stop eating and eventually even starve to death.</i> <i>The reason why these children decide to eat less is that they feel too fat and want to go on a diet to look like other girls and boys.</i> (66/ 37)
second argument (cause 2)	Another trigger for eating disorders might be stress at school or at home. In such situations, children begin to consume very large amounts of food in a short time, a disorder which is called binge eating. While they are eating, they feel confident and forget their problems. (47)
third argument (dangers)	The biggest danger about eating disorders is that they can easily become a serious illness <i>if they are not treated early enough.</i> For example, children and teenagers might develop anorexia athletica, which means that they train too much to lose weight, or orthorexia nervosa, an illness that frequently occurs among teenage girls. <i>They read fashion and beauty magazines and believe everything they read. Consequently, they (who*) get obsessed with healthy nourishment. They only eat low-calorie products and feel superior to other people, who do not care as much about their diet.</i> As a result, these teenagers find it hard to make friends, which can lead to depression. (106/ 73)
fourth argument + ending (ways to get over eating disorders)	The problem with eating disorders is that patients usually try to hide their illness. Hence it is difficult for other persons to realize the problem and help the affected children or teenagers. However, it isn’t easy to get over a serious eating disorder and without help, a teenager suffering from such an illness might even die. It is certainly a good idea to ask a psychologist for help. It also helps to join a self-confidence support group, but in most cases it is necessary to visit a special clinic <i>for eating disorders or for addictions.</i> (95/ 89)

\* you must use “who” in the short version...

word count: long version 400

short version 300

*(The short version is the text WITHOUT the parts in italics)*